

CURRICULUM VITAE

TINA B. WEST, M.D.
5530 Wisconsin Avenue, Suite 925
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EMPLOYMENT

- 2000 to present Private practice, Tina B. West, M.D., P.C.
The West Institute for Skin, Laser and Body Contouring
- 1996-2000 Private practice, Washington Institute of Dermatologic Laser Surgery

EDUCATION

- 1993-1996 Residency in Dermatology Washington, D.C.
The Washington Hospital Center
- 1994-1996 Chief Resident-Department of Dermatology Washington, D.C.
The Washington Hospital Center
- 1991-1993 Clinical Research Fellow-Department of Dermatology Washington, D.C.
The Washington Hospital Center
- 1988-1991 Residency in Internal Medicine Washington, D.C.
The Washington Hospital Center
- 1984-1988 Bowman Gray School of Medicine Winston-Salem, N.C.
- 1980-1984 Wake Forest University Winston-Salem, N.C.
Bachelor of Arts – Biology
Honors: Phi Beta Kappa

CERTIFICATIONS

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|-------------------------------------|-----------------|
| American Board of Dermatology | Diplomate: 2007 |
| American Board of Internal Medicine | Diplomate: 1991 |
| National Board of Medical Examiners | Diplomate: 1989 |

PRESENTATIONS

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| 1996-2012 | Featured procedures on local news networks NBC, CBS and ABC including CoolSculpting, Botox treatment, photodynamic therapy, VASER LipoSelection, treatment of leg veins, hand rejuvenation, “filler facelift” |
| May 1999 | “Comparison of bovine and human-derived collagen for soft-tissue augmentation: A long-term evaluation” American Society for Dermatologic Surgery, Miami, Florida “Dose-dependent efficacy of botulinum toxin treatment of glabellar frown lines” American Society for Dermatologic Surgery, Miami, Florida |
| May 1998 | “Effect of botulinum toxin type A on movement-associated rhytides following cutaneous CO ₂ laser resurfacing” American Society for Dermatologic Surgery, Portland, Oregon “Effect of pretreatment on the incidence of hyperpigmentation following cutaneous CO ₂ laser resurfacing” American Society for Dermatologic Surgery, Portland, Oregon “Evaluation of allogeneic human collagen for the treatment of dermal contour deformities” American Society for Dermatologic Surgery, Portland, Oregon |
| April 1998 | “Effect of botulinum toxin type A on movement-associated rhytides following cutaneous CO ₂ laser resurfacing” American Society for Laser Medicine and Surgery, San Diego, CA Faculty, Advanced Laser Skin Resurfacing Course: “Preoperative and Intraoperative Considerations” American Society for Laser Medicine and Surgery, San Diego, CA |
| September 1997 | “Cutaneous Laser Surgery: An Update for 1997” Grand Rounds, Columbia Hospital for Women, Washington, D.C. |

- August 1997 “Isolagen: A New Protein Repair System:”
Facial Rejuvenation Seminar, American Academy of Dermatology, New York, New York
- May 1997 “Autologous Human Collagen and Dermal Fibroblasts (Isolagen) for Soft Tissue Augmentation”
American Society for Dermatologic Surgery, Boston, MA
- May 1997 “The Effect of Topical Vitamin C on Post CO₂ Laser Resurfacing Erythema”
American Society for Dermatologic Surgery, Boston, MA
- May 1997 “Improvement in Infraorbital Hyperpigmentation Following CO₂ Laser Resurfacing”
American Society for Dermatologic Surgery, Boston, MA
- April 1997 “Comparison of the Long-pulse dye (590-595 nm) and KTP (532 nm) Laser in the Treatment of Facial and Leg Telangiectasias”
The American Society of Laser Medicine and Surgery, Phoenix, AZ
- April 1997 “The Effect of Topical Vitamin C on Post CO₂ Laser Resurfacing Erythema”
The American Society of Laser Medicine and Surgery, Phoenix, AZ
- April 1997 “Improvement in Infraorbital Hyperpigmentation Following CO₂ Laser Resurfacing”
The American Society of Laser Medicine and Surgery, Phoenix, AZ
- July 1996-1999 Faculty, Advanced Cutaneous Laser Resurfacing Techniques
Washington Institute of Dermatologic Laser Surgery
Washington, D.C.
- January 1997 “Pediatric Laser Surgery: Insights and Applications”
Arlington Hospital, Arlington, VA
- November 1996 Pediatric Laser Surgery: Insights and Applications”
Arlington Hospital, Arlington, VA
- “Cutaneous Laser Surgery: Applications for the Head and Neck”
Quarterly meeting of the Metropolitan Ear, Nose and Throat Society
- October 1996 Faculty, Current Concepts in Cutaneous Laser Surgery: A Hands-on Course.
Harvard Medical School, Cambridge, MA
- February 1995 “Safety and Efficacy of 5-Methoxypsoralen Combined with a UVB Sunscreen in Protecting Against UV Exposure”
Residents and Fellows Symposium, 53rd Annual Meeting of the American Academy of Dermatology, New Orleans, LA

PUBLICATIONS

- West TB Commentary: Efficacy and Safety of a Novel Botulinum Toxin Topical Gel. *Dermatol Surg*, 36:2119-2120, 2010.
- West TB Laser Treatment of Acquired Vascular Lesions. In Kauvar NB, Hruza GJ (eds). *Principles and Practice in Cutaneous Laser Surgery*. Boca Raton FL: Taylor and Francis Group, 2005, pp. 475-488.
- West TB Human-derived Filling Materials for Soft Tissue Augmentation. In Narins RS (ed). *Cosmetic Surgery*. New York: Marcel Dekker, 2001, pp. 267-288.
- West TB Laser Treatment of acquired vascular lesions. *Dermatologic Therapy* 13:24-37, 2000.
- West TB, Alster TS Human-derived and new synthetic injectable materials for soft tissue augmentation: current status and role in cosmetic surgery. *Plast Reconstr Surg*, 105:2515-25; discussion 2526-8, 2000.
- West TB, Alster TS Effect of botulinum toxin type A on movement-associated rhytides following cutaneous CO₂ laser resurfacing. *Dermatol Surg*, 25:259-61, 1999.
- West TB, Alster TS Effect of pretreatment on the incidence of hyperpigmentation following cutaneous CO₂ laser resurfacing. *Dermatol Surg*. 25:15-17, 1999.
- Alster TS, West, TB New options for soft tissue augmentation. *Skin and Aging*: 32-36, July 1998.
- West TB How laser surgery can help your rosacea patients. *Skin and Aging*: 43-46, March 1998.
- Alster, TS, West, TB Effect of topical vitamin C on postoperative CO₂ resurfacing erythema. *Dermatol Surg* 24:331-334, 1998.
- West TB, Kovak SJ Laser Treatment of Facial and Leg Telangiectasias. In Alster TS, Apfelberg DB (eds). *Cosmetic Laser Surgery*. New York: Wiley-Liss, 1998 pp. 255-267.
- West TB, Alster TS Improvement in Infraorbital hyperpigmentation following CO₂ resurfacing. *Dermatol Surg* 24:615-616, 1998.
- West TB, Alster TS Autologous human collagen and dermal fibroblasts for soft tissue augmentation; *Dermatol Surg* 24:510-512, 1998.
- West TB, Alster TS Comparison of the 590 nm long-pulsed (1.5 ms) and KTP (532 nm) lasers in the treatment Of facial and leg telangiectasias. *Dermatol Surg* 24:221-226, 1998.
- Alster TS, West TB Treatment of scars: a review. *Ann Plast Surg* 39:418-432, 1997.
- West TB Laser Resurfacing of Atrophic Scars. In Alster TS (ed). *Dermatologic Clinics*. Philadelphia: W.B. Saunders Co, July 1997, pp. 449-457.

Alster TS, West TB Resurfacing of atrophic facial scars with a high-energy, pulsed carbon-dioxide laser. *Dermatol Surg* 22:151-5, 1996.

Alster TS, West TB Ultrapulse CO₂ laser ablation of xanthelasma. *J Am Acad Dermatol* 34:848-9, 1996.

Jorizzo J, Smith TB Superficial Fungal Diseases. In Rocklin RE (ed). *Histamine and H-2 Antagonists in Inflammation and Immunodeficiency*. New York, NY: Dekker, 1990.

PROFESSIONAL ACTIVITIES AND APPOINTMENTS

Washington Hospital Center, Washington, D.C.
1996 - 2009

Department of Dermatology

PROFESSIONAL LICENSES

District of Columbia: License Number: MD000018919
Maryland License Number: D-41594

PROFESSIONAL SOCIETIES

Contributing Editor (1996-2005), *Dermatologic Surgery*
Reviewer (2005-2008), *Dermatologic Surgery*
Reviewer (2005 to present), *Journal of Cosmetic Dermatology*
Vice Chairperson (1996-1999), Dermatology Foundation
Leaders' Society (2004-2008), Dermatology Foundation
Fellow, American Academy of Dermatology
Fellow, American Society of Dermatologic Surgery
Fellow, American Society of Laser Surgery and Medicine